



Resident Council's Curated Ted Talk List

1501 San Pedro Dr, Albuquerque, NM 87108

- Teri Smith: Recovering Out Loud
- Sebastian Junger: Our Lonely Society Makes It Hard to Come Home from War
- Sebastian Junger: Why Veterans Miss War
- Johann Hari: Everything You Know About Addiction Is Wrong
- Gabor Mate: The Power of Addiction and The Addiction of Power
- Tony Hoffman: The Stigma of Addiction
- Adam Gunton: Relapse Prevention Failed - How We Can Solve This Crisis Together
- Jake Tyler: "I'm Fine" - Learning to Live With Depression
- Tom Gill: Redefining Recovery
- Scott Strode: Finding Sobriety on a Mountain Top
- Michael Quinn: Unmasking Addiction
- Vikram Patel: Mental Health for All by Involving All
- Heather Sarkis: Stop The Stigma - Why It's Important to Talk About Mental Health
- Karen Faith: How to Talk to The Worst Parts of Yourself
- Guy Winch: How to Practice Emotional Hygiene
- Julia Rucklidge: The Surprisingly Dramatic Role of Nutrition in Mental Health
- Sean Douglas: Supporting Veterans' Mental Health and Why Identify Matters
- Garret Biss: The Unspoken Trauma All Veterans Face
- Charles Hunt: What Trauma Taught Me About Resilience
- Richard Doss: Trained Not to Cry - The Challenge of Being a Soldier
- San Pao: PTSD - We Are NOT Broken
- Peter Tuerk: Return from Chaos - Treating PTSD
- Sebastian Junger: Why Soldiers Returning from War Have Trouble Adapting
- Brené Brown: The Power of Vulnerability